

**CANADIAN MASTERS RECORDS - WOMEN**  
**December 31, 2008**

**AGE GROUP: 30 - 34**  
**W30**

<b><u>WEIGHT CLASS</u></b>	<b><u>LIFTER</u></b>	<b><u>PROVINCE</u></b>	<b><u>KG</u></b>	<b><u>DATE SET</u></b>	<b><u>MEET SITE</u></b>
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**SNATCH**

48	Riva BENDITT	AB	40.0	10/16/04	Edmonton
53					
58	France BROUILLARD	QC	49.0	07/01/06	St-Sauveur
63	Gail LEDUC	QC	57.0	07/01/06	St-Sauveur
69	Lindsey INGRAM	MB	55.0	11/24/07	Winnipeg
75					
75+					

**CLEAN & JERK**

48	Riva BENDITT	AB	52.0	10/16/04	Edmonton
53					
58	France BROUILLARD	QC	64.0	07/01/06	St-Sauveur
63	Gail LEDUC	QC	78.0	07/01/06	St-Sauveur
69	Lindsey INGRAM	MB	70.0	11/24/07	Winnipeg
75					
75+					

**TOTAL**

48	Riva BENDITT	AB	92.0	10/16/04	Edmonton
53					
58	France BROUILLARD	QC	113.0	07/01/06	St-Sauveur
63	Gail LEDUC	QC	135.0	07/01/06	St-Sauveur
69	Lindsey INGRAM	MB	125.0	11/24/07	Winnipeg
75					
75+					

**CANADIAN MASTERS RECORDS - WOMEN**  
**December 31, 2008**

**AGE GROUP: 35 - 39**  
**W35**

<u>WEIGHT CLASS</u>	<u>LIFTER</u>	<u>PROVINCE</u>	<u>KG</u>	<u>DATE SET</u>	<u>MEET SITE</u>
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**SNATCH**

48	Manon POULIN-CYR	QC	60.0	05/22/99	Collingwood
53	Manon POULIN-CYR	QC	57.0	04/15/00	Belleville
58	Tawney LEM	BC	61.0	03/31/07	Lake Country,BC
63	Wendy RODGERS	AB	62.0	06/06/98	Edmonton
69	Wendy RODGERS	AB	65.0	09/26/98	Edmonton
75					
75+	Susanne DANDENAULT	MB	95.0	03/02/05	Winnipeg

**CLEAN & JERK**

48	Cyr,Manon POULIN	QC	75.0	06/11/99	Montreal
53	Manon POULIN-CYR	QC	72.0	04/15/00	Belleville
58	Tawney LEM	BC	73.0	03/31/07	Lake Country,BC
63	Wendy RODGERS	AB	77.0	06/06/98	Edmonton
69	Wendy RODGERS	AB	75.0	09/26/98	Edmonton
75					
75+	Susanne DANDENAULT	MB	125.0	03/25/05	Winnipeg

**TOTAL**

48	Manon POULIN-CYR	QC	132.0	05/22/99	Collingwood
53	Manon POULIN-CYR	QC	129.0	04/15/00	Belleville
58	Tawney LEM	BC	134.0	03/31/07	Lake Country,BC
63	Wendy RODGERS	AB	140.0	06/06/98	Edmonton
69	Wendy RODGERS	AB	140.0	09/26/98	Edmonton
75					
75+	Susanne DANDENAULT	MB	220.0	03/25/05	Winnipeg

**CANADIAN MASTERS RECORDS - WOMEN**

December 31, 2008

**AGE GROUP: 40 - 44****W40**

<b><u>WEIGHT CLASS</u></b>	<b><u>LIFTER</u></b>	<b><u>PROVINCE</u></b>	<b><u>KG</u></b>	<b><u>DATE SET</u></b>	<b><u>MEET SITE</u></b>
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**SNATCH**

48	Manon POULIN-CYR	QC	57.0	05/17/03	Vancouver
53	Manon POULIN-CYR	QC	57.0	04/02/05	LaPrairie
58	Vicki DRYDAK	ON	50.0	06/11/99	Collingwood
63	Wendy RODGERS	AB	60.0	06/23/99	Edmonton
69	Wendy RODGERS	AB	52.0	10/06/02	Melbourne
75	Nancy CARPENTER	BC	40.0	08/19/00	Auburn, Wash.
75+					

**CLEAN & JERK**

48	Manon POULIN-CYR	QC	72.0	04/14/02	Montreal
53	Manon POULIN-CYR	QC	70.0	04/02/05	LaPrairie
58	Vicki DRYDAK	ON	57.0	06/11/99	Collingwood
63	Wendy RODGERS	AB	75.0	06/23/99	Edmonton
69	Wendy RODGERS	AB	65.0	10/06/02	Melbourne
75	Nancy CARPENTER	BC	55.0	08/19/00	Auburn, Wash.
75+					

**TOTAL**

48	Manon POULIN-CYR	QC	127.0	04/14/02	Montreal
53	Manon POULIN-CYR	QC	127.0	04/02/05	LaPrairie
58	Vicki DRYDAK	ON	107.0	06/11/99	Collingwood
63	Wendy RODGERS	AB	135.0	06/23/99	Edmonton
69	Wendy RODGERS	AB	117.0	10/06/02	Melbourne
75	Nancy CARPENTER	BC	95.0	08/19/00	Auburn, Wash.
75+					

**CANADIAN MASTERS RECORDS - WOMEN**  
**December 31, 2008**

**AGE GROUP: 45 - 49**  
**W45**

<b><u>WEIGHT CLASS</u></b>	<b><u>LIFTER</u></b>	<b><u>PROVINCE</u></b>	<b><u>KG</u></b>	<b><u>DATE SET</u></b>	<b><u>MEET SITE</u></b>
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**SNATCH**

48	Suzie HILL	ON	30.0	04/15/00	Belleville
53	Manon POULIN-CYR	QC	54.0	06/14/08	Mississauga
58					
63	Wendy RODGERS	AB	50.0	04/17/04	Savannah,GA
69	Wendy RODGERS	AB	46.0	04/14/07	Winnipeg
75	Karen TOSTOWARYK	ON	40.0	06/11/99	Ottawa
75+	Donna MACDONALD	ON	48.0	11/01/03	Belleville

**CLEAN & JERK**

48	Suzie HILL	ON	42.0	10/15/00	Orlando,FL
53	Manon POULIN-CYR	QC	66.0	06/14/08	Mississauga
58					
63	Wendy RODGERS	AB	65.0	07/23/05	Edmonton
69	Wendy RODGERS	AB	64.0	04/14/07	Winnipeg
75	Karen TOSTOWARYK	ON	50.0	01/30/98	Collingwood
75+	Donna MACDONALD	ON	60.0	07/05/03	Orillia

**TOTAL**

48	Suzie HILL	ON	72.0	06/16/02	Ingersol
53	Manon POULIN-CYR	QC	120.0	06/14/08	Mississauga
58					
63	Wendy RODGERS	AB	111.0	07/23/05	Edmonton
69	Wendy RODGERS	AB	108.0	04/14/07	Winnipeg
75	Karen TOSTOWARYK	ON	90.0	06/11/99	Collingwood
75+	Donna MACDONALD	ON	108.0	11/01/03	Belleville

**CANADIAN MASTERS RECORDS - WOMEN**  
**December 31, 2008**

**AGE GROUP: 50 - 54**  
**W50**

<b><u>WEIGHT CLASS</u></b>	<b><u>LIFTER</u></b>	<b><u>PROVINCE</u></b>	<b><u>KG</u></b>	<b><u>DATE SET</u></b>	<b><u>MEET SITE</u></b>
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**SNATCH**

48	Suzie HILL	ON	29.0	04/06/06	Garden City
53					
58					
63	Judy QUINN	ON	35.0	04/07/01	Belleville
69	Jill MILLER	ON	60.0	06/08/02	Mississauga
75	Susan HAYWOOD	ON	32.0	05/02/03	Winnipeg
75+	Donna MACDONALD	ON	50.0	03/12/05	Toronto

**CLEAN & JERK**

48	Suzie HILL	ON	43.0	03/12/05	Toronto
53					
58					
63	Judy QUINN	ON	42.0	04/07/01	Belleville
69	Jill MILLER	ON	42.0	10/16/04	Belleville
75	Susan HAYWOOD	ON	37.0	05/02/03	Winnipeg
75+	Donna MACDONALD	ON	62.0	03/12/05	Toronto

**TOTAL**

48	Suzie HILL	ON	70.0	03/12/05	Toronto
53					
58					
63	Judy QUINN	ON	77.0	04/07/01	Belleville
69	Jill MILLER	ON	100.0	10/16/04	Belleville
75	Susan HAYWOOD	ON	70.0	05/02/03	Winnipeg
75+	Donna MACDONALD	ON	112.0	03/12/05	Toronto

**CANADIAN MASTERS RECORDS - WOMEN**  
**December 31, 2008**

**AGE GROUP: 55 - 59**  
**W55**

<u>WEIGHT CLASS</u>	<u>LIFTER</u>	<u>PROVINCE</u>	<u>KG</u>	<u>DATE SET</u>	<u>MEET SITE</u>
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**SNATCH**

48					
53					
58					
63	Judy QUINN	ON	32.0	09/02/03	Savannah
69	Jill MILLER	ON	41.0	08/26/06	Eysines. FR
75	Christine WALT	ON	30.0	10/06/04	Belleville
75+	Susan HAYWOOD	ON	32.0	04/24/04	Saskatoon

**CLEAN & JERK**

48					
53					
58					
63	Judy QUINN	ON	42.0	09/02/03	Savannah
69	Jill MILLER	ON	54.0	08/26/06	Eysines. FR
75	Christine WALT	ON	45.0	08/18/07	Collingwood
75+	Susan HAYWOOD	ON	42.0	04/24/04	Saskatoon

**TOTAL**

48					
53					
58					
63	Judy QUINN	ON	75.0	09/02/03	Savannah
69	Jill MILLER	ON	95.0	08/26/06	Eysines. FR
75	Christine WALT	ON	75.0	08/18/07	Collingwood
75+	Susan HAYWOOD	ON	75.0	04/24/04	Saskatoon

**CANADIAN MASTERS RECORDS - WOMEN**  
**December 31, 2008**

**AGE GROUP: 60 - 64**  
**W60**

<u>WEIGHT CLASS</u>	<u>LIFTER</u>	<u>PROVINCE</u>	<u>KG</u>	<u>DATE SET</u>	<u>MEET SITE</u>
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**SNATCH**

48					
53					
58					
63					
69					
75	Judy QUINN	ON	37.0	06/14/08	Mississauga
75+	Shirley BLY	ON	30.0	08/18/07	Collingwood

**CLEAN & JERK**

48					
53					
58					
63					
69					
75	Judy QUINN	ON	48.0	06/14/08	Mississauga
75+	Shirley BLY	ON	47.0	06/14/08	Mississauga

**TOTAL**

48					
53					
58					
63					
69					
75	Judy QUINN	ON	85.0	06/14/08	Mississauga
75+	Shirley BLY	ON	77.0	06/14/08	Mississauga

**CANADIAN MASTERS RECORDS - WOMEN**  
**December 31, 2008**

**AGE GROUP: 65-69**  
**W65**

<b><u>WEIGHT CLASS</u></b>	<b><u>LIFTER</u></b>	<b><u>PROVINCE</u></b>	<b><u>KG</u></b>	<b><u>DATE SET</u></b>	<b><u>MEET SITE</u></b>
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**SNATCH**

48	Margaret SAVAGE	ON	26.0	04/14/07	Winnipeg
53					
58					
63					
69					
75					
75+					

**CLEAN & JERK**

48	Margaret SAVAGE	ON	34.0	08/12/06	Kelowna
53					
58					
63					
69					
75					
75+					

**TOTAL**

48	Margaret SAVAGE	ON	59.0	04/14/07	Winnipeg
53					
58					
63					
69					
75					
75+					